

COLTS NEWSLETTER

Issue #2 : March 2021



Bored Bored Bored

By Abigail Conroy

So, lemme guess. You're bored? Yeah, I get it, I am too. Luckily, I have put together a short article which will be updated each month. Each update, there will be two new suggestions on things to do when you're bored.

Number 3 Cook or Bake

When I'm bored, hungry, and just wanting to make something edible, I bake cookies or cakes or cook nachos or egg tortilla wraps. Monthly, we post a new recipe. Check it out when you have nothing else to do! It doesn't matter if you mess up the first time. Just remember, have fun.

Number 4 Build Something

Make a craft, write a story, build a fort, make a lego transformer, build a go-cart, and go something COMPLETELY different. With a few simple components, you can make something extraordinary!

For an extra challenge, have a crafting competition with your family. See what weird things you can make!

Holidays and Important Dates

3/1-3/31: Women's International History Month

3/15: Andrew Jackson's Birthday

3/17: St.Patrick's Day: 

3/18: National Awkward Moments Day

Spirit week!

This month, going from March 8th, to March 19th, is HMS spirit week! **Red**, Grey, and RLA can participate! You will see posters around the hall of the dates and the events we will be doing, but just in case you miss them, they're here as well!

- School Pride Day: 3/8 & 3/9
- Wacky Wednesday: 3/10 & 3/17
- Twin Day: 3/11 & 3/12
- Character Day: 3/15 & 3/16
- Decades Day: 3/18 & 3/19

RLA is the 2nd Day for each!

Respect, Responsibility, Hard Work



WHAT'S UP AT HMS?



Monthly Recipe

Mexican Street Corn Nachos

By Leah Sturk

INGREDIENTS:

- 3 cups corn kernels, frozen or canned
- 1 jalapeno, seeded and minced
- 1/4 cup mayonnaise
- 1 1/2 teaspoons chili powder
- 3/4 teaspoon smoked paprika
- Juice & Zest of 1 lime
- Salt and ground black pepper, to taste
- 1 (11-ounce) package tortilla chips
- 1 (8-ounce) package shredded Pepper Jack cheese
- 1/4 cup Mexican crema (sour cream)
- 1/4 cup chopped fresh cilantro

DIRECTIONS:

1. Preheat oven to 400 degrees F. Lightly coat a baking sheet with nonstick spray.
2. In a large bowl, combine corn, jalapeno, mayonnaise, chili powder, paprika, lime juice and season with salt and pepper.
3. Place tortilla chips in a single layer onto the prepared baking sheet. Top with half the cheeses and corn mixture. Repeat until corn mix is gone.
4. Place into oven and bake until cheese is melted. About 10-13 minutes.
5. Serve immediately, drizzled with sour cream and garnished with cilantro and additional smoked paprika, if desired.

~Sports Update~

Last wednesday was the final day of the girls basketball season. Sadly, they lost to Salem Woodbury in the semifinal round of the tournaments.

March is... Women's History Month!

By Abigail Conroy

Helen Keller was born June 27th, 1880 to Arthur H. Keller and Kate Adams, who was his second wife. Helen had five(5) siblings. She had two (2) older half-brothers named James and William Simpson, one older half-sister named Fannie, who sadly passed away at the age of one (1), one (1) younger sister named Mildred, and one (1) younger brother named Philips Brook who is rarely mentioned.

When Helen was 19 months old, just shy of two (2), she caught an unknown illness which caused her to go both deaf and blind. She learned to communicate with signals of her own creation.

“A shake of the head meant ‘No’ and a nod ‘Yes,’ a pull meant ‘Come’ and a push “Go””(Keller pg 7).

As Helen grew older, she pulled more and more tricks on the ones around her, she misbehaved more and more frequently. Her parents grew desperate to find a teacher to help her with her blind and deafness. Enter Annie Sullivan.

Annie Sullivan was a graduate from Perkins School for the Blind. Annie actually had very bad vision, but with the help of multiple surgeries, her vision was somewhat restored.

Annie arrived three (3) months before Helen turned seven (7). For weeks, Annie worked with her, spelling the words of everything into Helen's hand using American Sign Language. Helen copied these movements, but didn't make the connection between the item and the word, until one fateful day.

On April 5, 1887, Annie took Helen out to the water pump in the yard. Someone else was already there, pumping water. Miss Sullivan took Helen and held her hand underneath the cool transparent liquid. She spelled the word water again and again on her hand and suddenly understood. Helen and Annie went around naming everything they could see.

“I [Helen] learned a great many new words that day. I [Helen]do not remember what they all were; but I do know that *mother, father, sister, teacher* were among them-words that were to make the world blossom for me, ‘like Aaron's rod, with flowers’”(Keller pg 23).

In 1890, Helen longed to speak out loud. So, on March 26, 1890, a lady named Sarah Fuller began teaching her.

Helen went on to travel the world, spreading inspiration with her teacher, Annie Sullivan.

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Short Story of the Month

Written & Submitted by Abigail Conroy

Edited by Victoria Ciancetta

“Run!” I scream to Julian. We take off, running faster than we ever imagined that we could, even in our wildest daydreams, pumping our legs, fueled by the adrenaline in our veins, struggling to reach home.

Not minutes ago, Julian and I had been taking a walk through the woods. We had stopped at the abandoned shack on the outskirts of town when we heard the tornado sirens go off in the distance. We had taken off, immediately, but we would never make it to town. Both Julian and I knew this, but we continued running.

All of the sudden, Julian stops with his hands on his knees. “This is useless.” He gasps, trying in vain to catch his breath.

I groan and roll my eyes. “We can’t stop now! Unless...” All of the sudden, it feels as though a light bulb appears over my head, “What if we go back to the shack! There was a basement there! Come on!”

Before waiting for an answer, I take off, back to where we had just left. I hear Julian’s footsteps behind me.

“If we die, Adaline,” he trails off.

All of the sudden, we hear what sounds like a freight train. I glance over my shoulder and freeze. A giant dark-grey funnel cloud appears visible amongst the trees. An oak is ripped from the ground and thrown into the air, like a spoiled child mistreating it's vast array of toys. Julian seizes my arm and throws open the door of the shack.

Shaking out of my stupor, I run into the basement after Julian. We vault ourselves into the corner of the dark, empty basement. Julian and I clutch at each other, sobbing, as we hear the twister pass us over-head. The shack is torn away, leaving us completely exposed.

Then, everything is quiet. Quivering slightly from the trauma and stress of the situation, I shakily lift my head from Julian's chest to survey the damage. The shack has been completely thrown away. The remnants have fallen into the basement. The rest of it is probably all over the forest floor. I glance toward the sky and gasp. I turn to Julian. “Look up!” I whisper.

And above our heads, suspended in midair, is a beautiful rainbow.

Stay tuned for next month’s story!



JUST FOR FUN!



QUOTE OF THE MONTH

“Our lives are not fully lived if we’re not willing to die for those we love, for what we believe.”—Martin Luther King Jr.

MEME OF THE MONTH



INTERESTING FACT OF THE MONTH

North Korea and Cuba are the only places you can't buy Coca-Cola!

(“World Facts - 50 Interesting Facts about the World”)



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HELPFUL TIP OF THE MONTH

Behind on your work? Start on the hardest thing first. Once you get it over with, you'll have fly through the easier assignments!

RECOMMENDATION OF THE MONTH

Video Game:

"Murder By Numbers" is the perfect game for teens and adults alike who enjoy murder mysteries and a bunch of 90s pop culture references. Follow the adventures of Honor Mizrahi, an actress on a detective show, and her newfound companion SCOUT to solve four exciting and fun cases of murder, and maybe find a little bit more about how and why SCOUT exists. Rated for 10+.

Lili J, Grade 7

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Want to submit something to the Newsletter? Have a comment or concern?

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