

SCHOOL BREAKFAST MENU

Breakfast = \$0.00 & up, Milk = .50, Adult \$2.75
 Make checks payable to: Hudson School Lunch Program
DID YOU KNOW THAT YOU CAN PAY ONLINE? GO TO WWW.K12PAYMENTCENTER.COM
 All Menus are subject to change without notice, thank you for your understanding.

March 2021

	Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Students who eat school breakfast are more likely to:</p> <p>»» Have better concentration & memory</p> <p>»» Reach higher levels of achievement</p> <p>»» Drink more milk & eat more fruit daily</p> <p>School breakfast can also:</p> <p>»» Decrease the risk of food insecurity</p> <p>»» Protect against some negative health outcomes</p> <p>»» Reduce students' stress and anxiety</p>	1	2	3	4	5	
	Cereal & grahams Fruit & Juice Milk	Your choice breakfast Fruit & Juice Milk	BeneFIT Bar Fruit & Juice Milk	Our blueberry squares Fruit & juice Milk	Toasted english with sunbutter & jelly Fruit & Juice Milk	
	8	9	10	11	12	
	"Hole in One" Bagel & cream cheese Fruit & Juice Milk	"Power Up" Fruit Parfait Fruit & Juice Milk	"Be EGG-strordinary" Egg & cheese wrap Fruit & juice Milk	"Stacked Up for Success" Pancakes Fruit & Juice Milk	"Crunch Time" Granola Bar Fruit & Juice Milk	
	SCORE BIG WITH SCHOOL BREAKFAST !					
	15	16	17	18	19	
	Cereal Fruit & Juice Milk	Banana Bread Fruit & Juice Milk	Waffle Wednesday Fruit & Juice Milk	Choc Crescent roll Fruit & Juice Milk	Breakfast Bites Fruit & Juice Milk	
	22	23	24	25	26	
	Muffin Monday Fruit & Juice Milk	French Toast Sticks Fruit & Juice Milk	Your Choice Breakfast Fruit & Juice Milk	Cereal & grahams Fruit & Juice Milk	No School Teachers Workshop	
	29	30	31	APRIL 1st	2	
Cereal & Grahams Fruit & Juice Milk	Oatmeal & craisins WG toast Fruit & Juice Milk	Breakfast sandwich Fruit & Juice Milk	Poptart Fruit & Juice Milk 	Bagel w/sunbutter Fruit & Juice Milk		

This institution is an equal opportunity provider.

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