

MIDDLE SCHOOL MENU

November 2019

Hot Lunch = \$2.60, Reduced .40, includes Milk, Breakfast = \$1.75 & up, Milk = .50 Adult \$4.00

Make checks payable to: **Hudson School Lunch Program**

DID YOU KNOW THAT YOU CAN PAY ONLINE? WWW.K12PAYMENTCENTER.COM

	Monday	Tuesday	Wednesday	Thursday	Friday	
<p>Healthier school meals have Less Sodium & Trans Fats</p> 	28	29	30	31	1	 <p>Choose MyPlate.gov</p> <p>Breakfast is Offered Daily Mini pancakes, cereal, fruit, yogurt, granola, milk, juice and a variety of other healthy items. Our yummy granola is made in house!</p>
<p>* NEW * Fresh & Hot Taco Tuesday Pasta Bar Weds Burger Bar Thurs</p>	4	5	6	7	8	
<p>* SALADS * Classic, Greek, Chef, and Cobb Salads. Made fresh daily</p>	11	12	13	14	15	
<p>* Ready 4-U * Sandwiches Chicken wraps, Tuna, Classic club, asst. Deli sandwiches No waiting!</p>	18	19	20	21	22	
<p>Healthier school meals have Fat-Free & Low-Fat Milk</p> 	25	26	27	28	29	
	<p>28</p> <p>Roasted chicken Seasoned potato wedges Warm buttery edamame Garlic twist knot Strawberry cup Choice of Milk</p>	<p>29</p> <p>Ham & cheese quiche Tater tots Blueberry muffin squares Orange smiles Choice of Milk</p>	<p>30</p> <p>Chicken Broccoli Penne w/scampi butter Steamed carrots Garlic bread Peaches Choice of milk</p>	<p>31</p> <p>Tarantula Legs (chicken strips) Skeleton Teeth (kernel corn) Witches Broom (bread stick) Scarecrow eyeballs (red grapes) Goblin Good Cake Magic Potion (strawb milk)</p>	<p>1</p> <p>Wild Mike's Pizza Bites Tossed green salad Steamy hot vegetables Seasonal fruit Choice of milk</p>	
	<p>4</p> <p>Veteran's Day  Remember All Who Served</p>	<p>5</p> <p>Ham & egg McHudson Hash browns Baked beans Orange juice or fruit Choice of Milk</p>	<p>6</p> <p>PASTA PALOOZA WEDS. Asst. pasta choices Tossed green salad Garlic bread Peach cup Choice of milk</p>	<p>7</p> <p>Sheppard's Pie Green beans, Dinner roll Mixed fruit Choc chip cookie Choice of milk</p>	<p>8</p> <p>Stuffed crust pizza Spinach salad Veggies & dip Chilled pears Choice of milk</p>	
	<p>11</p> <p>Western BBQ burger Fries & Onion rings Steamed baby carrots Applesauce Choice of Milk</p>	<p>12</p> <p>Beef Nachos Let, tom, chs, salsa Spanish Rice Refried beans Diced pears Choice of Milk</p>	<p>13</p> <p>Rotini with meat sauce Toasted garlic bread Mixed green salad Mixed fruit cocktail Choice of milk</p>	<p>14</p> <p>Whole Farm Bistro Stacker (Gr1 chic, Ham, Bacon, Mozz) Glazed carrots Pineapple chunks Choice of Milk</p>	<p>15</p> <p>Cheese pizza Fresh veggie tray Tossed green salad Mixed fruit cup Choice of Milk</p>	
	<p>18</p> <p>Grilled cheese & Soup French fries Swt & slty Garbanzos Fruit cup Choice of Milk</p>	<p>19</p> <p>Papa Gino's Pizza Craisins Baby carrots & dip Fresh seasonal fruit Choice of Milk </p>	<p>20</p> <p>No school</p>	<p>21</p> <p>Roasted Turkey & Gravy Mashed potatoes, Bread Stuffing, Butternut squash Cranberry sauce Warm apple crisp w/topping Choice of Milk</p>	<p>22</p> <p>Wild Mike's Pizza Bites Marinara dipping sauce Veggie tray Assorted fruit choice Choice of Milk</p>	
	<p>25</p> <p>Thanksgiving Day </p>	<p>26</p> <p>No school</p>	<p>27</p> <p>No school</p>	<p>28</p> <p>No school</p>	<p>29</p> <p>No school</p>	
					<p>* NEW * Breakfast Fruit Smoothies now available</p>	

This institution is an equal opportunity provider. Esta institución es un proveedor que ofrece igualdad de oportunidades.

All Menus are subject to change without notice.