


SCHOOL BREAKFAST MENU

October 2019

Breakfast \$1.75 & up, Milk .50, Adult \$2.75 & up
 Make checks payable to: Hudson School Lunch Program
 DID YOU KNOW THAT YOU CAN PAY ONLINE? WWW.K12PAYMENTCENTER.COM
 Anyone can take advantage of breakfast at school. Start your day off right.

	Monday	Tuesday	Wednesday	Thursday	Friday		
A Good Day starts with A Good Breakfast		1 Benefit Nutrition Bar Fruit, Juice, Milk	2 Egg & cheese wrap Fruit, Juice, Milk	3 Warm banana bread Fruit, Juice, Milk	4 French Toast Fruit, Juice, Milk	Low sugar cereal, Toast, & Graham crackers are available everyday	
	7 Assorted Bagels w/cr cheese or jelly Fruit, Juice, Milk	8 Our own fresh blueberry squares Fruit, Juice, Milk	9 Scrambled Egg Wrap Fruit, Juice, Milk	10 Cinn Breakfast Bar Fruit, Juice, Milk	11 No School Teacher Workshop		
	14 	15 Cereal & Toast Fruit, Juice, Milk	16 Egg & cheese on english Fruit, Juice, Milk	17 Mini Waffles w/ blueberries Fruit, Juice, Milk	18 Toasted english w/Sunbutter or Jelly Fruit, Juice, Milk		
	21 Nutrition Bar Fruit, Juice, Milk	22 Healthy muffins String cheese Fruit, Juice, Milk	23 Warm chocolate crescent roll Fruit, Juice, Milk	24 Mini Maple Pancakes Fruit, Juice, Milk	25 Cereal & Toast Fruit, Juice, Milk		
Bottled water is always available to purchase	28 Pumpkin Bread Fruit, Juice, Milk	29 Yogurt & Our granola Fruit, Juice, Milk	30 WG toast and Honey roasted sunflower kernels Fruit, Juice, Milk	31 Happy Halloween Oatmeal with eyes English Zombie cakes Spider Cider & Milk	1 Warm Cinnamon Roll Fruit, Juice, Milk	Fresh fruit, 100% juice, and Milk are always available	



This institution is an equal opportunity provider. Esta institución es un proveedor que ofrece igualdad de oportunidades.
 All Menus are subject to change without notice. Thank you for your understanding.